





March 2010



Avalon Assisted Living Community

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Calendar subject to change as necessary... Please refer to daily calendar in the front lobby	1 No church service 10:00 Exercise (L) 1:00 Bingo (Comm. R) 3:00 Cookie Decorating AR 7:00 Antiques Road Show (Channel 11 or 21)	2 Doctor Appointments 10:00 Exercise (L) 1:00 Sudoku Club (L) 3:00 Painting Studio (AR)	3 10:00 Exercise (L) 10:30 St. Patty Decorating 12:30 Avon Lady (DR) 1:00 Bingo (Comm. Rm.) 1:15 Shopping (FL)	4 10:00 Exercise (L) 1:00 Write & Reminisce (L) 3:00 Painting Studio (AR)	5 Hair Appointments No Exercise Group 10:00 Catholic Services (C) 1:00 Resident Council (DR) 2:30-4:00 Manicures (3F)	6
7	8 10:00 Exercise (L) 1:00 Bingo (Comm. Rm.) 2:00 Book Club (L) 3:00 Lutheran Services (C)	9 Doctor Appointments 9:30 Exercise (L) 10:00 Bible Study with Kay Godfrey (C) 1:00 Card Making (L) 3:00 Lucky Charms (AR)	10 10:00 Exercise (L) 1:00 Bingo (Comm. Rm.) 1:15 Shopping (FL)	11 10:00 Exercise (L)	12 Hair Appointments 10:00 Catholic Services (C) 10:45 Lunch Bunch – Perkins *Sign-up* 1:00 Euchre (2F) 1:00 Kings Corners (3F)	13
14  <i>Spring Art Show</i> 2-5 pm Daylight Savings Time	15 10:00 Exercise (L) 1:00 Bingo (Comm. Rm.) 2:00 Book Club (L) 3:00 Lutheran Services (C)	16 Doctor Appointments 10:00 Exercise (L)	17 St. Patrick's Day! 10:00 Exercise (L) 12:30 Avon Lady (DR) 1:00 Bingo (Comm. Rm.) 1:15 Shopping (FL) 3:00 St. Patty's Happy Hour (DR) with Music	18 10:00 Exercise (L) 10:30 PHOTOS 1:00 Write & Reminisce (L) 3:00 PHOTOS	19 Hair Appointments 10:00 Catholic Services (C) 1:00-5:00 Cards (2F) 2:30-4:00 Manicures (3F)	20 2:00 Lion's Club Bingo (DR)
21	22 10:00 Exercise (L) 1:00 Bingo (Comm. Rm.) 2:00 Book Club (L) 3:00 Lutheran Services (C)	23 Doctor Appointments 10:00 Exercise (L)	24 10:00 Exercise (L) 12:30 Absentee Voting (DR) 1:00 Bingo (Comm. Rm.) 1:15 Shopping (FL)	25 10:00 Exercise (L) 1:00 Write & Reminisce (L) 3:00 Paper Mache (AR)	26 Hair Appointments 10:00 Catholic Services (C) 1:00 Scrabble 3:00 Movie in the Library	27
28 Palm Sunday 	29 Passover 10:00 Exercise (L) 1:00 Bingo (Comm. Rm.) 2:00 Book Club (L) 3:00 Lutheran Services (C)	30 Doctor Appointments 10:00 Exercise (L)	31 10:00 Exercise (L) 12:30 Avon Lady is here 1:00 Bingo (Comm. Rm.) 1:15 Shopping (FL)	FUN FACTS: National Women's History Month National Peanut Month National Umbrella Month	Birthdays: 7th - Julia 13th - Mabel 15th - Cathy 16th - Inez	L - Library AC - Activity Room C - Chapel DR - Dining Room SP - Sun Porch FL - Front Lobby